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# BARRIERS TO SUCCESS

Moving Toward a Deeper  
Understanding of Adversity's  
Effects on Adolescents

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Digital Media Toolkit**

# Center for Promise

AMERICA'S PROMISE ALLIANCE®

For the release of the *Barriers to Success: Moving Toward a Deeper Understanding of Adversity's Effects on Adolescents* report, we encourage conversations on what caring adults, practitioners and policymakers can do to help young people overcome barriers to success.

You can find the report at <http://www.americaspromise.org/report/barriers-success>.

Please join the conversation by using the hashtag **#Barriers2Success**.

## NEWSLETTER BLURB

### Understanding Adversity's Effects on Adolescents

How does adversity affect the lives of young people? The Center for Promise at America's Promise Alliance examined three different data sets—one that included over 30,000 surveys from households across America. In their latest report, *Barriers to Success: Moving Toward a Deeper Understanding of Adversity's Effects on Adolescents*, researchers discovered the amount and types of adversity that young people face, how adversity affects parents and caregivers, and what practitioners and policymakers can do to help young people overcome these barriers to success. <http://bit.ly/Barriers2Success>

## REPORT PROMOTION

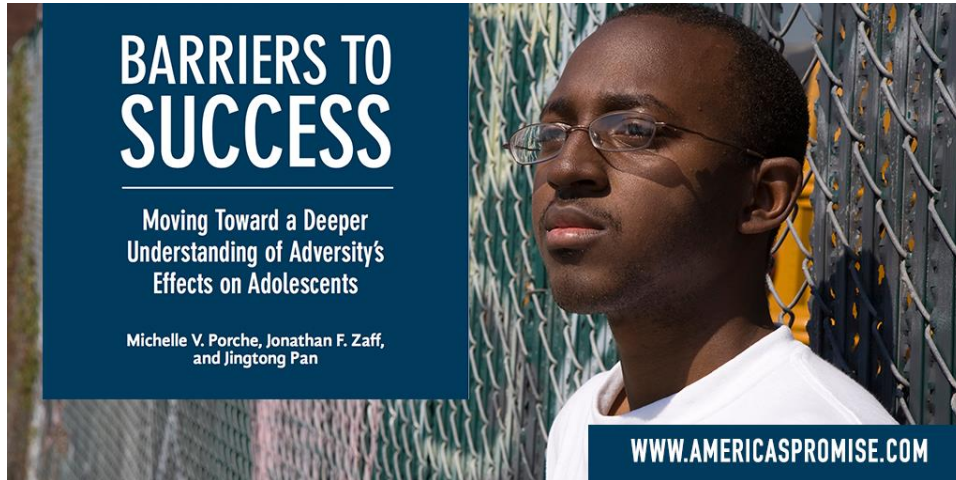
### Facebook/LinkedIn:

How does adversity affect the lives of young people? Learn more in the latest research report, *Barriers to Success: Moving Toward a Deeper Understanding of Adversity's Effects on Adolescents* by the Center for Promise at America's Promise Alliance. <http://bit.ly/Barriers2Success> #Barriers2Success

Download the report *Barriers to Success: Moving Toward a Deeper Understanding of Adversity's Effects on Adolescents* by Center for Promise at America's Promise Alliance that highlights how adversity affects parents and caregivers, and what practitioners and policymakers can do to help young people overcome these barriers to success. <http://bit.ly/Barriers2Success> #Barriers2Success

## Sharable Graphics

Download our gallery of sharable images <http://bit.ly/successgraphics>



### Twitter:

NEW REPORT: #Barriers2Success: Understanding of Adversity's Effects on Adolescents via @Center4Promise <http://bit.ly/Barriers2Success>

#Barriers2Success: Moving Toward a Deeper Understanding of Adversity's Effects on Adolescents via @Center4Promise <http://bit.ly/Barriers2Success>

Adversity defines daily lives of most youth who leave school w/o graduating via @Center4Promise <http://bit.ly/Barriers2Success> #Barriers2Success

5 or more adverse experiences can throw young people off their educational paths. <http://bit.ly/Barriers2Success> #Barriers2Success

### Tweets about Findings:

What is a web of support? Supporters are adults/peers that are connected to the young person. <http://bit.ly/Barriers2Success> #Barriers2Success

Socioeconomic status & identity influence the likelihood of experiencing multiple adversities. <http://bit.ly/Barriers2Success> #Barriers2Success

Relationships within & outside of families can buffer effects of multiple adversities for youth. <http://bit.ly/Barriers2Success> #Barriers2Success

The number of adversities matters, but so does the types of adversity experienced. Learn why: <http://bit.ly/Barriers2Success> #Barriers2Success

Adolescents are likely to encounter a greater number of adversities than younger children. <http://bit.ly/Barriers2Success> #Barriers2Success

3 adversities can cause youth to suffer psychological, educational, and physiological damage.

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Caregivers exposed to significant adversity are less emotionally available to support youth.

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Preventing adversities from recurring will help youth reach their potential. Learn more:

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Social support through close relationships that protect children can help them overcome adversity.

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Youth who identified as Black or multi-racial had the highest rates of 3 or more adversities.

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The existence of a #mentor to support youth lessened the link btwn adversity & parenting stress.

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Get 3 recommendations that #CaringAdults can use to help young people overcome #Barriers2Success.

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Rec #1: Engage schools as a first line of support. <http://bit.ly/Barriers2Success> #Barriers2Success

Rec #2: Adopt two-gen approach to support caregivers & youth in high-adversity situations.

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Rec #3: Increase & strengthen re-engagement opps for young people knocked off positive pathways.

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