BARREIRS TO SUCCESS

Moving Toward a Deeper Understanding of Adversity’s Effects on Adolescents

Michelle V. Porche, Jonathan F. Zaff, and Jingtong Pan

National and Community Partner Digital Media Toolkit
For the release of the *Barriers to Success: Moving Toward a Deeper Understanding of Adversity’s Effects on Adolescents* report, we encourage conversations on what caring adults, practitioners and policymakers can do to help young people overcome barriers to success.


Please join the conversation by using the hashtag #Barriers2Success.

**NEWSLETTER BLURB**

**Understanding Adversity’s Effects on Adolescents**

How does adversity affect the lives of young people? The Center for Promise at America’s Promise Alliance examined three different data sets—one that included over 30,000 surveys from households across America. In their latest report, *Barriers to Success: Moving Toward a Deeper Understanding of Adversity’s Effects on Adolescents*, researchers discovered the amount and types of adversity that young people face, how adversity affects parents and caregivers, and what practitioners and policymakers can do to help young people overcome these barriers to success. [http://bit.ly/Barriers2Success](http://bit.ly/Barriers2Success)

**REPORT PROMOTION**

**Facebook/LinkedIn:**

How does adversity affect the lives of young people? Learn more in the latest research report, *Barriers to Success: Moving Toward a Deeper Understanding of Adversity’s Effects on Adolescents* by the Center for Promise at America’s Promise Alliance. [http://bit.ly/Barriers2Success](http://bit.ly/Barriers2Success) #Barriers2Success

Download the report *Barriers to Success: Moving Toward a Deeper Understanding of Adversity’s Effects on Adolescents* by Center for Promise at America’s Promise Alliance that highlights how adversity affects parents and caregivers, and what practitioners and policymakers can do to help young people overcome these barriers to success. [http://bit.ly/Barriers2Success](http://bit.ly/Barriers2Success) #Barriers2Success
Twitter:

NEW REPORT: #Barriers2Success: Understanding of Adversity’s Effects on Adolescents via @Center4Promise http://bit.ly/Barriers2Success

#Barriers2Success: Moving Toward a Deeper Understanding of Adversity’s Effects on Adolescents via @Center4Promise http://bit.ly/Barriers2Success

Adversity defines daily lives of most youth who leave school w/o graduating via @Center4Promise http://bit.ly/Barriers2Success #Barriers2Success

5 or more adverse experiences can throw young people off their educational paths. http://bit.ly/Barriers2Success #Barriers2Success

Tweets about Findings:

What is a web of support? Supporters are adults/peers that are connected to the young person. http://bit.ly/Barriers2Success #Barriers2Success


The number of adversities matters, but so does the types of adversity experienced. Learn why: http://bit.ly/Barriers2Success #Barriers2Success

Adolescents are likely to encounter a greater number of adversities than younger children. http://bit.ly/Barriers2Success #Barriers2Success

Caregivers exposed to significant adversity are less emotionally available to support youth. [http://bit.ly/Barriers2Success](http://bit.ly/Barriers2Success) #Barriers2Success

Preventing adversities from recurring will help youth reach their potential. Learn more: [http://bit.ly/Barriers2Success](http://bit.ly/Barriers2Success) #Barriers2Success

Social support through close relationships that protect children can help them overcome adversity. [http://bit.ly/Barriers2Success](http://bit.ly/Barriers2Success) #Barriers2Success

Youth who identified as Black or multi-racial had the highest rates of 3 or more adversities. [http://bit.ly/Barriers2Success](http://bit.ly/Barriers2Success) #Barriers2Success


Get 3 recommendations that #CaringAdults can use to help young people overcome #Barriers2Success. [http://bit.ly/Barriers2Success](http://bit.ly/Barriers2Success)

