The survey of 3,300 young people aged 13–19 was conducted by the Center for Promise at America’s Promise Alliance in late April and early May 2020; two-thirds of the respondents had been out of school for more than four weeks.
LESS CONNECTED TO SCHOOL COMMUNITIES, SCHOOL ADULTS, AND CLASSMATES

Approximately one-quarter of students were feeling disconnected from their school communities, school adults, and classmates.

- **Asian Students** were more likely to feel disconnected from their school communities than White, Black, and Latinx students.
- **Latinx Students** reported feeling less connected to both school adults and classmates than either White or Black students.
- **Students in rural communities** reported feeling less connected to their school communities than students in cities, towns, or suburbs.

During this time, how connected do you feel to... (%)

<table>
<thead>
<tr>
<th></th>
<th>School Community</th>
<th>School Adults</th>
<th>Classmates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not connected at all</td>
<td>22</td>
<td>29</td>
<td>23</td>
</tr>
<tr>
<td>Somewhat connected</td>
<td>50</td>
<td>47</td>
<td>43</td>
</tr>
<tr>
<td>Mostly connected</td>
<td>19</td>
<td>16</td>
<td>25</td>
</tr>
<tr>
<td>Extremely connected</td>
<td>9</td>
<td>8</td>
<td>9</td>
</tr>
</tbody>
</table>

MORE CONCERNED ABOUT BASIC NEEDS, HEALTH, AND ACADEMICS

Percent of students who were “much more concerned than usual” about...

- **Health**: 52%
- **Family Finance**: 40%
- **Education**: 39%
- **Basic Needs**: 30%

EXPERIENCING POORER EMOTIONAL AND COGNITIVE HEALTH

While all young people reported poorer health, meaningful differences among groups emerged.

- **Young people living in cities** were 15% more likely to report poorer health indicators than those in rural areas.

More than 1 in 4 young people reported an increase in losing sleep because of worry, feeling unhappy or depressed, feeling constantly under strain, or experiencing a loss of confidence in themselves.

Percent of youth reporting poorer emotional and cognitive health by race/ethnicity:

- **Asian**: 44%
- **Latinx**: 40%
- **Black**: 31%
- **White**: 30%

FINDING SUPPORT HELPFUL, WHEN IT IS OFFERED

Percent of youth offered social or emotional support by an adult from their school:

- 40% NO
- 60% YES

93% of these students found those resources helpful.